

Nutrition Facts

Macadamia Nuts Serving size (100g)

Amount Per Serving

Calories

720

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% Daily Value*

Total Fat 75g **96%**

Saturated Fat 12g **60%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 14g **5%**

Dietary Fiber 5g **18%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 0mcg **0%**

Calcium 117mg **8%**

Iron 3.6mg **20%**

Potassium 0mg **0%**

Vitamin C **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.