## **Nutrition Facts**

Starfruit Serving size (100g)

**Amount Per Serving** 

## **Calories**

30

Saturated Fat 0g  Trans Fat 0g  Cholesterol 0mg  Sodium 0mg  Total Carbohydrate 7g  Dietary Fiber 3g  Includes 0g Added Sugars  Protein 1g  Vitamin D 0mcg  Calcium 0mg  Iron 0mg  Potassium 141mg  0%  0%  0%  0%  0%  0%  0%  0%  0%  0		www.ihcare.ae	% Daily Value*
Trans Fat 0g  Cholesterol Omg 0% Sodium Omg 0% Total Carbohydrate 7g 3% Dietary Fiber 3g 11% Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g 2%  Vitamin D Omcg 0% Calcium Omg 0% Potassium 141mg 4%	Total Fat Og		0%
Cholesterol Omg 0% Sodium Omg 0% Total Carbohydrate 7g 3% Dietary Fiber 3g 11% Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g 2% Vitamin D Omcg 0% Calcium Omg 0% Iron Omg 0% Potassium 141mg 4%	Saturated Fat 0g		0%
Sodium Omg Total Carbohydrate 7g 3% Dietary Fiber 3g 11% Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g 2% Vitamin D Omcg 0% Calcium Omg 0% Iron Omg 0% Potassium 141mg 4%	Trans Fat 0g		
Total Carbohydrate 7g 3%  Dietary Fiber 3g 11%  Total Sugars 4g  Includes 0g Added Sugars 0%  Protein 1g 2%  Vitamin D 0mcg 0%  Calcium 0mg 0%  Iron 0mg 0%  Potassium 141mg 4%	Cholesterol On	ng	0%
Dietary Fiber 3g 11%  Total Sugars 4g  Includes 0g Added Sugars 0%  Protein 1g 2%  Vitamin D 0mcg 0%  Calcium 0mg 0%  Iron 0mg 0%  Potassium 141mg 4%	Sodium Omg		0%
Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g 2% Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0mg 0% Potassium 141mg 4%	Total Carbohydr	ate 7g	3%
Includes 0g Added Sugars  Protein 1g  Vitamin D 0mcg  Calcium 0mg  Iron 0mg  Potassium 141mg  0%	Dietary Fibe	r 3g	11%
Protein 1g 2% Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0mg 0% Potassium 141mg 4%	Total Sugars	s 4g	
Vitamin D 0mcg  Calcium 0mg  Iron 0mg  Potassium 141mg  0%  4%	Includes 0g Added Sugars		0%
Calcium 0mg 0% Iron 0mg 0% Potassium 141mg 4%	Protein 1g		2%
Iron 0mg0%Potassium 141mg4%	Vitamin D 0mc	9	0%
Potassium 141mg 4%	Calcium 0mg		0%
	Iron 0mg		0%
\ /'.	Potassium 141	mg	4%
Vitamin A 0%	Vitamin A		0%
Vitamin C 60%	Vitamin C		60%
Magnesium 2%	Magnesium	2%	

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.