

Nutrition Facts

Banna

Serving size (100g)

Amount Per Serving

Calories

90

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% Daily Value*

Total Fat	0g	0%
Saturated Fat	0.1g	1%
<i>Trans</i> Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	23g	8%
Dietary Fiber	2g	7%
Total Sugars	22g	
Includes Added Sugars	0g	0%
Protein	1g	2%
Vitamin D	0mcg	0%
Calcium	5mg	0%
Iron	0.25mg	2%
Potassium	0mg	0%
Vitamin A	3mcg	0%
Vitamin C	1.8mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.