

Nutrition Facts

Ghee

Serving size (100g)

Amount Per Serving

Calories

900

www.ihcare.ae % Daily Value*

Total Fat 100g **128%**

Saturated Fat 60g **300%**

Trans Fat 0g

Polyunsaturated Fat 4g

Cholesterol 300mg **100%**

Sodium 0mg **0%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 0g **0%**

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin A 130%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.