

Nutrition Facts

Almond Milk **Serving size (240g)**

Amount Per Serving

Calories

90

www.ihcare.ae % Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Vitamin D 0mcg	0%
Calcium 390mg	30%
Iron 0.36mg	2%
Potassium 235mg	4%
Vitamin A	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.